



BISHOP MCGUINNESS

2 MILE INTERVAL

6/17/2021

	1	D	2	D	3	D	4	Finish	Avg Half Mile	5k Pace
1 Leonard	2 49	3	2 52	-2	2 50	-5	2 45	11 16	2 49	17 28
2 Cuzalina	2 52	11	3 03	9	3 12	-8	3 04	12 11	3 03	18 53
3 Sweis	3 05	15	3 20	6	3 26	-25	3 01	12 52	3 13	19 57
4 Shanbour	3 05	15	3 20	6	3 26	-25	3 01	12 52	3 13	19 57
5 Grella	3 05	15	3 20	9	3 29	-11	3 18	13 12	3 18	20 28
6 Hoch	3 10	19	3 29	1	3 30	-9	3 21	13 30	3 23	20 56
7 Johnson	3 10	19	3 29	8	3 37	4	3 41	13 57	3 29	21 37
8 Black, B	3 16	22	3 38	12	3 50	-17	3 33	14 17	3 34	22 08
9 Schein	3 20	21	3 41	9	3 50	-17	3 33	14 24	3 36	22 19
10 Bittle	3 10	34	3 44	12	3 56	17	4 13	15 03	3 46	23 20
11 Gumerson	3 37	30	4 07	14	4 21	-29	3 52	15 57	3 59	24 43
12 Black, A	3 48	30	4 18	3	4 21	-26	3 55	16 22	4 06	25 22
13 Morrow	3 43	40	4 23	-6	4 17	0	4 17	16 40	4 10	25 50
14 Healy	3 51	49	4 40	9	4 49				4 27	27 33
15 Morris	5 02	-1	5 01	25	5 26				5 10	31 60
16 Ferguson	3 49	47	4 36						4 13	26 06
Coach Cagigal	2 53	5	2 58	-1	2 57	2	2 59	11 49	2 57	18 16