



BISHOP MCGUINNESS DUNCAN 5K - 08/28/2021

TOP 5 AVERAGE 19 10

TOP 7 AVERAGE 19 25

TEAM AVERAGE 23 16

	1 Mile	D	2 Mile	D	Est. 3M	5K	Avg Mile
1 Leonard	5 43	4	5 47	16	6 03	18 08	5 51
2 Coomes	5 59	11	6 10	13	6 23	19 09	6 11
3 Cuzalina	6 02	21	6 23	-8	6 15	19 17	6 13
4 deKeratry	6 11	0	6 11	7	6 18	19 17	6 13
5 Ison	6 07	22	6 29	13	6 42	19 57	6 26
6 Hoch	6 13	20	6 33	0	6 33	19 58	6 26
7 Sweis	6 13	20	6 33	12	6 45	20 10	6 30
8 Tawk	6 30	0	6 30	11	6 41	20 20	6 34
9 Johnson, B	6 30	5	6 35	4	6 39	20 23	6 35
10 Gianfranco	6 13	43	6 56	14	7 10	21 00	6 46
11 Johnson, C	6 40	24	7 04	13	7 17	21 43	7 00
12 Black, B	6 50	9	6 59	19	7 18	21 49	7 02
13 Schein	6 50	13	7 03	16	7 19	21 54	7 04
14 Gumerson	7 15	-10	7 05	21	7 26	22 30	7 15
15 Black, A	7 11	4	7 15	20	7 35	22 45	7 20
16 Bittle	6 55	36	7 31	48	8 19	23 30	7 35
17 Rich	7 23	14	7 37	9	7 46	23 32	7 35
18 Grim	7 30	36	8 06	-53	7 13	23 35	7 36
19 Lipps	7 29	7	7 36	23	7 59	23 50	7 41
20 Green	7 45	-1	7 44	10	7 54	24 10	7 48
21 White	7 03	90	8 33	-44	7 49	24 12	7 48
22 Shanbour	8 01	0	8 01	-6	7 55	24 45	7 59
23 Al-Botros	7 15	59	8 14	28	8 42	24 59	8 04
24 Tran	7 53	21	8 14	2	8 16	25 12	8 08
25 Morrow	7 53	29	8 22	25	8 47	25 52	8 21
26 Healy	7 55	35	8 30	51	9 21	26 38	8 35
27 Morris	8 20	50	9 10	-15	8 55	27 18	8 48
28 Rogers	7 55	35	8 30	166	11 16	28 36	9 14
29 Challis	9 10	28	9 38	-9	9 29	29 14	9 26
30 Kunzman	10 52	-59	9 53	145	12 18	34 09	11 01