



# BISHOP MCGUINNESS

## 09/03/21 TRACK TEMPO

	Laps	Finish	Avg Lap	5k Pace
Leonard	12	17 55	1 30	18 40
Cuzalina	12	18 51	1 34	19 38
deKeratry	12	19 03	1 35	19 51
Johnson, C	12	19 19	1 37	20 07
Ison	12	20 00	1 40	20 50
Johnson, B	12	20 14	1 41	21 05
Grella	12	21 05	1 45	21 58
Black, B	12	21 17	1 46	22 10
Schein	12	21 21	1 47	22 14
Hoch	12			
Gumerson	11	17 36	1 36	20 00
Green	11	20 46	1 53	23 36
Healy	11	21 29	1 57	24 25
Lipps	10	19 34	1 57	24 28
Rich	10	20 20	2 02	25 25
Morrow	10	20 30	2 03	25 38
Tran	10	21 15	2 08	26 34
White	10			
Black, A	9	17 44	1 58	24 38
Shanbour	9	18 57	2 06	26 19
Ferguson	9	19 09	2 08	26 36
Al-Botross	9	19 34	2 10	27 11
Morris	9	19 43	2 11	27 23
Rogers	9	21 20	2 22	29 38
Challis	8	19 42	2 28	30 47
Kunzman	8	20 33	2 34	32 07
Bittle, A	5	10 20	2 04	25 50