



BISHOP MCGUINNESS MOORE 5K

09/09/23

	Finish	PR	PR Δ	Mile 1	Δ	Mile 2	Δ	Mile 3	Avg Mile
1 Hoch	<u>17 09</u>	17 26	0 17	5 18	32	5 50	-9	5 41	5 36
2 Gumerson	<u>17 23</u>	17 53	0 30	5 24	35	5 59	-19	5 40	5 41
3 Black	<u>17 38</u>	18 11	0 33	5 28	22	5 50	8	5 58	5 46
4 Schultz	18 03	18 00	0 03	5 25	45	6 10	-4	6 06	5 54
5 deKeratry, A	18 05	17 04	1 01	5 43	27	6 10	-19	5 51	5 55
6 Lipps, C	<u>19 26</u>	20 31	1 05	5 55	50	6 45	-22	6 23	6 21
7 Taylor	19 30	19 07	0 23	5 41	63	6 44	-3	6 41	6 22
8 Pruden	<u>19 43</u>	19 49	0 06	5 48	65	6 53	-15	6 38	6 27
9 deCoune	<u>19 57</u>	21 33	1 36	6 24	23	6 47	-24	6 23	6 31
10 Conley	<u>20 02</u>	20 03	0 01	6 27	19	6 46	-20	6 26	6 33
11 Bryan	<u>20 06</u>	20 13	0 07	5 50	73	7 03	-15	6 48	6 34
12 Lau	<u>20 24</u>	20 58	0 34	6 04	59	7 03	-11	6 52	6 40
13 Mackenzie	<u>21 09</u>	22 04	0 55	6 23	56	7 19	-17	7 02	6 55
14 Sherman	21 11	20 20	0 51	6 30	46	7 16	-16	6 60	6 55
15 Monacelli	<u>21 38</u>	23 03	1 25	6 37	50	7 27	-19	7 08	7 04
16 Amaya	<u>22 00</u>	23 10	1 10	6 51	31	7 22	-1	7 21	7 11
17 deKeratry, J	<u>22 05</u>	24 21	2 16	6 45	43	7 28	-3	7 25	7 13
18 Ruiz	22 14	21 13	1 01	6 36	61	7 37	-3	7 34	7 16
19 Buckelew	22 52	21 28	1 24	6 52	53	7 45	2	7 47	7 28
20 Mondalek	<u>23 22</u>	26 51	3 29	7 15	48	8 03	-26	7 37	7 38
21 Earley	<u>23 34</u>	25 14	1 40	7 06	65	8 11	-22	7 49	7 42
22 Phu	<u>23 47</u>	26 17	2 30	7 10	59	8 09	-10	7 59	7 46
23 Allen	<u>24 41</u>	25 35	0 54	7 32	52	8 24	-9	8 15	8 04
24 Webb	24 50	22 13	2 37	7 12	76	8 28	11	8 39	8 07
25 Stone	25 34	23 55	1 39	7 46	43	8 29	18	8 47	8 21
26 Lipps, N	<u>26 39</u>	28 11	1 32	7 55	102	9 37	-61	8 36	8 43
27 Tawk	<u>27 22</u>	30 17	2 55	7 54	83	9 17	19	9 36	8 57
Nones		20 23							
Healy		21 42							
Griffith		25 04							
Schomas		25 14							
Busby		25 27							
Kunzman		27 06							

MEET GOAL 3 under 17:00 ~ 5 under 18:00 ~ 7 under 18:30
15 under 20:00 ~ 20 under 22:00 ~ Everyone under 26:00

OUTCOME 0 under 17:00 ~ 3 under 18:00 ~ 5 under 18:30
09 under 20:00 ~ 16 under 22:00 ~ 25/27 under 26:00

*meet goal thresholds underlined