**Motivation (8A)**

Motivation

Instinct

Drive-Reduction Theory

Homeostasis

Incentive

Hierarchy of Needs



Glucose

Set Point

Estrogens

Testosterone

Sexual Orientation

**Emotion (8B)**

Emotion

James-Lange Theory

Cannon-Bard Theory

Two-Factor Theory

Polygraph

Facial Feedback

Catharsis

Feel-Good Do-Good Phenomenon

Well-Being

Adaptation-Level Phenomenon