



200M INTERVALS

9/17/2020

Last Name	First Name	1	D	2	D	3	D	4	D	5	D	6	D	7	D	8	D	7	D	8	AD	Avg	
1	Chansolme	Luke	32	1	33	-1	32	1	33	2	35	-2	33	1	34	0	34	0	34	0	34	0.2	33.4
1	Coomes	Matthew	32	1	33	-1	32	1	33	2	35	-2	33	1	34	0	34	0	34	0	34	0.2	33.4
1	Cuzalina	Nico	32	1	33	-1	32	1	33	2	35	-2	33	1	34	0	34	0	34	0	34	0.2	33.4
1	Grella	Gianfranco	32	1	33	-1	32	1	33	2	35	-2	33	1	34	0	34	0	34	0	34	0.2	33.4
1	Leonard	William	32	1	33	-1	32	1	33	2	35	-2	33	1	34	0	34	0	34	0	34	0.2	33.4
1	Sweis	Amireddean	32	1	33	-1	32	1	33	2	35	-2	33	1	34	0	34	0	34	0	34	0.2	33.4
7	Ison	Henry	33	1	34	0	34	-1	33	1	34	1	35	-1	34	0	34	-1	33	1	34	0.1	33.8
8	Coomes	Nathan					32	1	33	2	35	-1	34	2	36	-1	35	-1	34	0	34	0.3	34.1
9	Raglow	Thomas	33	0	33	1	34	0	34	2	36	1	37	-2	35	0	35	-1	34	1	35	0.2	34.6
10	Schwartz	Ryan	34	0	34	1	35	-1	34	1	35	2	37	-2	35	0	35	-1	34	1	35	0.1	34.8
11	de Keratry	Andrew	34	-1	33	1	34	0	34	1	35	1	36	-1	35	1	36	0	36	0	36	0.2	34.9
12	Green	Max	37	1	38	0	38	-1	37	2	39	-1	38	0	38	-1	37					0.0	37.8
13	Challis	Elijah	37	1	38	0	38	1	39	0	39	0	39	0	39	-1	38					0.1	38.4
14	Morrow	Jackson	38	1	39	-6	33	5	38	1	39	1	40	0	40	1	41					0.4	38.5
15	Purnell	Samuel	37	3	40	0	40	-1	39	-1	38	0	38	3	41	-1	40					0.4	39.1
16	Kunzman	Cooper	39	2	41	2	43															2.0	41.0
	Edmonds	Jackson	6:46 1 Mile Tempo Run																				
	Tawk	Marc	6:46 1 Mile Tempo Run																				