



# BISHOP MCGUINNESS - NICHOLS HILLS TEMPO

	6/16		6/23		6/27		7/14 (2 Mile)		AVG
	1 Mile		1 Mile		1 Mile	Mile 1	Mile 2		

1	Cuzalina		5 30	21	5 51	6 29	-16	6 13	6 21
2	Gumerson	6 55	-67	5 48	57	6 45	6 25	10	6 30
2	Hoch	6 31	-42	5 49	10	5 59	6 25	10	6 30
4	Black, A	7 24	-70	6 14	04	6 18	7 05	-05	7 03
4	Black, B	6 58	-38	6 20	-16	6 04	7 16	-27	7 03
6	Schultz	6 42				BIKE	6 53	-07	6 50
7	Ison	6 34	-16	6 18	20	6 38	7 00	-20	6 50
8	Coats	6 23	-29	5 54	06	6 00	6 59	-12	6 53
9	Grella			6 17	08	6 25	7 16	06	7 19
10	Taylor	7 04	-44	6 20	-06	6 14	6 53	15	7 01
11	Kovash			6 48	-04	6 44	8 17	-42	7 56
12	Lipps, C	7 58	-55	7 03			8 03	17	8 12
13	Healy	8 15	-72	7 03			8 23	-19	8 14
14	Morris, I	9 45			-74	8 31	9 11	-31	8 56
15	Webb	7 57	73	9 10	-78	7 52	9 15	-38	8 56
16	Bosby			8 37	-67	7 30	7 40	180	9 10
17	Lau	7 41	01	7 42	-05	7 37	9 22	-04	9 20
18	Twombly						8 50	82	9 31
19	deKeratry, J	10 17		<u>5 40</u>		8 24	11 07		<u>5 33</u> 11 07
20	Jansen	7 58				<u>5 35</u>	10 10		<u>7 55</u> 12 03
21	Schomas	9 43			-109	7 54	9 20	???	???
22	Lipps, N			6 42			13 00		DNF
	Conley	6 55	-37	6 18	22	6 40			
	deKeratry, A			5 38	13	5 51			
	Eakins	6 39	-33	6 06					
	Griffith			8 49	-61	7 48			
	Johnson, C	6 33				DNR			
	Johnson, L	7 15							
	Leonard			5 30		DNF			
	Morris, T	8 17			-17	8 00			
	Schein	6 45	-25	6 20	-12	6 08			
	Shanahan	6 25							
	Sherman					8 15			
C	Cagigal	7 42	-72	6 30	-10	6 20	7 16	-26	6 50 7 03
C	Genheimer	7 20	-09	7 11					
C	Connolly	9 45	-141	7 24	11	7 35			* underlined
C	Snipes	7 48				7 10			indicate half mile