BISHOP MCGUINNESS BOYS CROSS COUNTRY

EDMOND SANTA FE STATE

10/31/2026

#	SB/PR	SBΔ	Goal	First	Last	Finish	1 Mile	Δ	2 Mile	Δ	3 Mile	Avg
1	15:48	-0:11	15:30	Henrik	Garcia	15:37	4:52	+0:24	5:16	-0:19	4:57	5:02
2	16:19	-0:06	15:48	Luke	Bryan	16:13	4:59	+0:27	5:26	-0:12	5:14	5:13
3	16:46	-0:04	16:30	Vincent	Desrochers	16:42	5:11	+0:30	5:41	-0:25	5:16	5:23
4	16:53	+0:02	16:28	Aiden	Smith	16:55	5:05	+0:36	5:41	-0:08	5:33	5:27
5	17:00	-0:04	16:45	Ian	Morris	16:56	5:11	+0:36	5:47	-0:24	5:23	5:27
6	17:03	+0:08	16:00	Gabriel	Ireland	17:11	5:14	+0:28	5:42	-0:03	5:39	5:32
7	16:59	+0:22	16:30	Kamran	Taylor	17:21	5:21	+0:31	5:52	-0:20	5:32	5:35

2026 Outcome Goals	2026
4 Under 16:00	1
5 Under 16:30	2
7 Under 17:00	6
10 Under 17:30	9
12 Under 18:00	13
17 Under 19:00	18
20 Under 20:00	22
25 Under 22:00	27
28 Under 24:00	30
31 Under 25:00	32
JV SB Avg 20:30	19:54
V SB Avg 16:15	16:38
JV Top 3 @ OK Runner	2nd
2026 5a State Champion	3rd

Edmond Santa Fe State	
Varsity Average (7)	16:52
Rank	3rd/15

Chain Winners	
Henrik Garcia	V
N/A	JV

Weather
Temperature - 61°
Humidity - 90%
Wind - SE @ 8mph
Cloudy

1	Bishop Kelley	65
2	Southeast	96
3	Bishop McGuinness	108
4	Sapulpa	123
5	Colinsville	138
6	Guthrie	172
7	Classen SAS	186
8	Thomas Edison	214
9	Blanchard	226
10	Coweta	240

BISHOP MCGUINNESS BOYS CROSS COUNTRY

MOORE REGIONALS

10/24/2026

#	SB/PR	SBΔ	Goal	First	Last	Finish	1 Mile	Δ	2 Mile	Δ	3 Mile	Avg
1	15:48	+0:13	18:00	Henrik	Garcia	16:01	5:03	+0:10	5:13	-0:01	5:12	5:09
2	16:19	+0:19	18:30	Luke	Bryan	16:38	5:05	+0:20	5:25	+0:07	5:32	5:21
3	16:53	+0:06	18:00	Aiden	Smith	16:59	5:19	+0:16	5:35	-0:05	5:30	5:28
4	17:10	-0:11	19:00	Kamran	Taylor	16:59	5:19	+0:12	5:31	+0:02	5:33	5:28
5	16:46	+0:17	19:00	Vincent	Desrochers	17:03	5:21	+0:12	5:33	+0:00	5:33	5:29
6	17:03	+0:08	19:30	Gabriel	Ireland	17:11	5:19	+0:17	5:36	+0:04	5:40	5:32
7	17:00	+0:15	18:59	Ian	Morris	17:15	5:21	+0:16	5:37	+0:04	5:41	5:33
8	17:28	+0:47	19:30	James	Worthington	18:15	5:26	+0:29	5:55	+0:19	6:14	5:52
9	17:32	+0:44	20:00	Max	de Coune	18:16	5:26	+0:29	5:55	+0:20	6:15	5:53
10	17:17	+1:23	20:00	Malachi	Gaytan	18:40	5:26	+0:46	6:12	+0:09	6:21	6:00
11	17:58	+0:52	21:00	Robby	Allen	18:50	5:33	+0:36	6:09	+0:18	6:27	6:04
12	18:55	+1:13	20:00	Colin	Strickland	20:08	6:17	+0:12	6:29	+0:10	6:39	6:29
13	17:38	+2:52	22:30	Matthew	Jea	20:30	5:40	+0:56	6:36	+0:50	7:26	6:36
DNF	17:30		22:00	Aaron	Varghese	DNF	5:26	+0:29	5:55			

2026 Outcome Goals	2026
4 Under 16:00	1
5 Under 16:30	2
7 Under 17:00	5
10 Under 17:30	9
12 Under 18:00	13
17 Under 19:00	18
20 Under 20:00	22
25 Under 22:00	27
28 Under 24:00	30
31 Under 25:00	32
JV SB Avg 20:30	19:54
V SB Avg 16:15	16:41
JV Top 3 @ OK Runner	N/A
2026 5a State Champion	N/A

Moore Regionals	
Varsity Average (7)	16:52
Team Average (13)	17:54
Rank	2nd/18

Chain Winners	
Kamran Taylor	V
Aaron Varghese	JV

Weather
Temperature - 63°
Humidity - 56%
Wind - SSE @ 9mph
Partly Cloudy

BISHOP MCGUINNESS BOYS CROSS COUNTRY

OK RUNNER CLASSIC

10/8/2026

#	PR	SB	Goal	First	Last	Finish	1 Mile	Δ	2 Mile	Δ	3 Mile	Avg
1	17:58	17:58	18:00	Robby	Allen	18:10	5:22	+0:40	6:02	+0:05	6:07	5:51
2	18:39	18:39	18:30	Ethan	Phu	18:58	5:31	+0:45	6:16	+0:13	6:29	6:06
3	18:24	18:24	18:00	Isaac	Tse	19:00	5:32	+0:53	6:25	-0:03	6:22	6:07
4	18:55	18:55	19:00	Colin	Strickland	19:33	5:55	+0:33	6:28	+0:00	6:28	6:18
5	19:13	19:13	19:00	Cohen	Clark	19:38	6:01	+0:28	6:29	-0:02	6:27	6:19
6	19:44	19:44	19:30	Ryan	Flinn	19:42	6:00	+0:31	6:31	-0:02	6:29	6:20
7	19:35	19:35	18:59	Elishah	Bassett	19:49	5:59	+0:40	6:39	-0:10	6:29	6:23
8	19:45	19:45	19:30	Noah	Vivino	20:14	6:09	+0:21	6:30	+0:21	6:51	6:31
9	20:13	20:13	20:00	Parker	Swain	20:47	6:34	+0:29	7:03	-0:35	6:28	6:41
10	20:26	20:26	20:00	Arquimides	Bonilla	20:49	6:09	+1:04	7:13	-0:29	6:44	6:42
11	21:09	21:09	21:00	Mateo	Tawk	21:31	6:28	+0:39	7:07	+0:03	7:10	6:56
12	21:10	21:10	20:00	Eric	Meiseman	21:47	6:31	+0:41	7:12	+0:05	7:17	7:01
13	22:53	22:53	22:30	George	Pezalski	22:41	6:57	+0:42	7:39	-0:21	7:18	7:18
14	22:12	22:12	22:00	Brayden	Simonson	22:45	7:08	+0:20	7:28	-0:06	7:22	7:19
15	21:52	21:52	21:30	Whit	Deason	23:10	6:51	+0:54	7:45	-0:01	7:44	7:27
16	22:54	22:54	22:30	Davis	Price	23:13	6:50	+0:56	7:46	+0:01	7:47	7:28
17	24:17	24:17	24:00	Will	Allen	24:12	7:18	+1:02	8:20	-0:36	7:44	7:47
18	24:12	24:12	23:30	Palmer	Ellis	24:37	7:22	+1:04	8:26	-0:28	7:58	7:55

2026 Outcome Goals	2026
4 Under 16:00	1
5 Under 16:30	2
7 Under 17:00	4
10 Under 17:30	9
12 Under 18:00	13
17 Under 19:00	18
20 Under 20:00	22
25 Under 22:00	27
28 Under 24:00	30
31 Under 25:00	32
JV SB Avg 20:30	19:54
V SB Avg 16:15	16:43
JV Top 3 @ OK Runner	N/A
2026 5a State Champion	N/A

OK Runner Classic	
Team Average (18)	21:09
Rank	2nd / 10

Chain Winners	
N/A	V
George Pezalski	JV

Weather
Temperature - 71°
Humidity - 70%
Wind - Calm
Sunny

BISHOP MCGUINNESS BOYS CROSS COUNTRY

CHILE PEPPER

10/3/2026

#	PR	SB	Goal	First	Last	Finish	1 Mile	Δ	2 Mile	Δ	3 Mile	Avg
1	15:48	15:48	15:30	Henrik	Garcia	15:56	4:54	+0:21	5:15	-0:02	5:13	5:08
2	16:19	16:19	15:48	Luke	Bryan	16:23	5:15	+0:05	5:20	-0:06	5:14	5:16
3	16:46	16:46	16:30	Vincent	Desrochers	16:54	5:24	+0:13	5:37	-0:18	5:19	5:26
4	16:53	16:53	16:28	Aiden	Smith	16:55	5:25	+0:12	5:37	-0:18	5:19	5:27
5	17:09	17:09	16:45	Ian	Morris	17:00	5:33	-0:01	5:32	-0:11	5:21	5:28
6	17:10	17:10	16:30	Kamran	Taylor	17:21	5:35	+0:07	5:42	-0:13	5:29	5:35
7	17:45	17:45	17:00	James	Worthington	17:28	5:41	+0:00	5:41	-0:10	5:31	5:37
8	17:32	17:32	17:20	Aaron	Varghese	17:30	5:41	-0:02	5:39	-0:05	5:34	5:38
9	17:36	17:36	16:45	Max	de Coune	17:32	5:44	-0:03	5:41	-0:09	5:32	5:39
10	17:17	17:17	16:30	Malachi	Gaytan	17:34	5:44	+0:00	5:44	-0:13	5:31	5:39
11	17:38	17:38	17:30	Matthew	Jea	17:51	5:41	+0:11	5:52	-0:10	5:42	5:45
12	18:13	18:13	18:00	Robby	Allen	17:58	5:47	+0:00	5:47	+0:00	5:47	5:47
13	18:19	18:19	18:00	Theo	Higson	18:16	5:44	+0:21	6:05	-0:15	5:50	5:53
14	18:24	18:24	18:00	Isaac	Tse	18:38	5:48	+0:20	6:08	-0:05	6:03	6:00
15	18:40	18:40	18:30	Ethan	Phu	18:39	5:50	+0:16	6:06	-0:02	6:04	6:00
16	19:04	19:04	19:00	Colin	Strickland	18:55	6:08	+0:04	6:12	-0:15	5:57	6:05

2026 Outcome Goals	2026
4 Under 16:00	1
5 Under 16:30	2
7 Under 17:00	4
10 Under 17:30	9
12 Under 18:00	13
17 Under 19:00	18
20 Under 20:00	22
25 Under 22:00	27
28 Under 24:00	30
31 Under 25:00	32
JV SB Avg 20:30	19:54
V SB Avg 16:15	16:43
JV Top 3 @ OK Runner	N/A
2026 5a State Champion	N/A

Chile Pepper	
Varsity Average (8)	16:56
JV Average (8)	18:10
Team Average (16)	17:33
Rank	36th / 137

Chain Winners	
Ian Morris	V
James Worthington	JV

Weather
Temperature - 67°
Humidity - 67%
Wind - ENE 5mph
Overcast

BISHOP MCGUINNESS BOYS CROSS COUNTRY

PIEDMONT 5K

9/26/2026

#	PR	SB	Goal	First	Last	Finish	1 Mile	Δ	2 Mile	Δ	3 Mile	Avg
1	17:03	17:03	16:00	Gabriel	Ireland	17:03	5:02	+0:45	5:47	-0:09	5:38	5:29
2	19:32	19:53	19:00	Robby	Allen	18:13	5:24	+0:47	6:11	-0:11	6:00	5:52
3	20:32	20:32	19:00	Isaac	Tse	18:24	5:30	+0:49	6:19	-0:22	5:57	5:55
4	18:53	19:59	18:00	Marco	Monacelli	18:27	5:30	+0:44	6:14	-0:10	6:04	5:56
5	19:26	19:26	19:00	Colin	Strickland	19:04	5:40	+0:48	6:28	-0:12	6:16	6:08
6	21:02	21:02	21:00	Cohen	Clark	19:13	5:49	+0:39	6:28	-0:12	6:16	6:11
7	20:42	20:42	18:59	Elishah	Bassett	19:35	5:41	+1:02	6:43	-0:14	6:29	6:18
8	20:47	20:47	20:00	Noah	Vivino	19:45	5:45	+0:55	6:40	-0:02	6:38	6:21
9	22:35	22:35	20:00	Parker	Swain	20:13	6:25	+0:23	6:48	-0:29	6:19	6:30
10	21:31	21:31	20:00	Arquimides	Bonilla	20:26	5:42	+1:27	7:09	-0:18	6:51	6:35
11	23:29	23:38	22:00	Mateo	Tawk	21:09	6:12	+0:56	7:08	-0:04	7:04	6:48
12	21:39	21:39	20:00	Eric	Meiseman	21:10	6:11	+0:58	7:09	-0:04	7:05	6:49
13	25:22	25:22	23:00	Whit	Deason	21:52	6:33	+1:04	7:37	-0:40	6:57	7:02
14	23:57	24:00	23:00	Brayden	Simonson	22:12	7:04	+0:23	7:27	-0:31	6:56	7:09
15	25:23	25:23	25:00	George	Pezalski	22:53	7:04	+0:44	7:48	-0:33	7:15	7:22
16	28:06	28:06	24:00	Davis	Price	22:54	7:04	+0:44	7:48	-0:33	7:15	7:22
17	25:35	25:59	23:30	Palmer	Ellis	24:12	7:06	+1:08	8:14	-0:13	8:01	7:47
18	28:37	28:37	25:00	Will	Allen	24:17	7:04	+1:10	8:14	-0:07	8:07	7:49
	15:48	15:48	15:30	Henrik	Garcia	DNR						
	16:19	16:19	15:48	Luke	Bryan	DNR						
	16:46	16:46	16:30	Vincent	Desrochers	DNR						
	16:53	16:53	16:28	Aiden	Smith	DNR						
	17:09	17:09	16:45	Ian	Morris	DNR						
	17:10	17:10	16:30	Kamran	Taylor	DNR						
	17:17	17:17	16:30	Malachi	Gaytan	DNR						
	17:32	17:32	17:20	Aaron	Varghese	DNR						
	17:36	17:36	16:45	Max	de Coune	DNR						
	17:38	17:38	17:30	Matthew	Jea	DNR						
	17:45	17:45	17:00	James	Worthington	DNR						
	18:19	18:19	18:00	Theo	Higson	DNR						
	18:40	18:40	18:30	Ethan	Phu	DNR						
	19:44	19:44	19:30	Ryan	Flinn	DNR						
				Nicholas	Hickman	Manager						
				Easton	Logiodice	Manager						

BISHOP MCGUINNESS BOYS CROSS COUNTRY

PIEDMONT 5K

9/26/2026

2026 Outcome Goals	2026
4 Under 16:00	1
5 Under 16:30	2
7 Under 17:00	4
10 Under 17:30	8
12 Under 18:00	12
17 Under 19:00	17
20 Under 20:00	22
25 Under 22:00	27
28 Under 24:00	30
31 Under 25:00	32
JV SB Avg 20:30	19:56
V SB Avg 16:15	16:44
JV Top 3 @ OK Runner	N/A
2026 5a State Champion	N/A

Piedmont	
Team Average	20:37
Rank	1st

Chain Winners	
N/A	V
Davis Price	JV

BISHOP MCGUINNESS BOYS CROSS COUNTRY

TEXAS LOVEJOY 5K

9/19/2026

#	PR	SB	Goal	First	Last	Finish	1 Mile	Δ	2 Mile	Δ	3 Mile	Avg
1	16:31	16:31	15:30	Henrik	Garcia	15:48	5:04	+0:24	5:28	-0:43	4:45	5:05
2	16:20	17:21	15:48	Luke	Bryan	16:19	5:19	+0:19	5:38	-0:47	4:51	5:15
3	17:18	17:18	16:30	Vincent	Desrochers	16:46	5:33	+0:16	5:49	-0:56	4:53	5:24
4	17:45	17:45	16:28	Aiden	Smith	16:53	5:29	+0:21	5:50	-0:48	5:02	5:26
5	17:22	17:38	16:00	Gabriel	Ireland	17:03	5:39	+0:12	5:51	-0:50	5:01	5:29
6	17:56	18:06	16:45	Ian	Morris	17:09	5:37	+0:15	5:52	-0:45	5:07	5:31
7	17:35	17:56	16:30	Kamran	Taylor	17:10	5:37	+0:13	5:50	-0:40	5:10	5:32
8	18:03	18:03	16:30	Malachi	Gaytan	17:17	5:34	+0:22	5:56	-0:43	5:13	5:34
9	18:07	18:23	17:20	Aaron	Varghese	17:32	5:39	+0:25	6:04	-0:49	5:15	5:39
10	17:44	18:38	16:45	Max	de Coune	17:36	5:34	+0:33	6:07	-0:46	5:21	5:40
11	18:30	18:39	17:30	Matthew	Jea	17:38	5:33	+0:34	6:07	-0:44	5:23	5:41
12	18:25	18:56	17:00	James	Worthington	17:45	5:36	+0:32	6:08	-0:42	5:26	5:43
13	19:35	19:35	19:00	Theo	Higson	18:19	5:53	+0:31	6:24	-0:57	5:27	5:54
14	19:45	19:45	19:00	Ethan	Phu	18:40	5:55	+0:28	6:23	-0:38	5:45	6:00
15	20:11	20:11	20:00	Colin	Strickland	19:26	6:10	+0:37	6:47	-0:56	5:51	6:15
16	20:28	20:28	20:00	Ryan	Flinn	19:44	6:21	+0:30	6:51	-0:57	5:54	6:21

2026 Outcome Goals	2026
4 Under 16:00	1
5 Under 16:30	2
7 Under 17:00	4
10 Under 17:30	8
12 Under 18:00	12
17 Under 19:00	14
20 Under 20:00	18
25 Under 22:00	24
28 Under 24:00	26
31 Under 25:00	27
JV SB Avg 20:30	21:21
V SB Avg 16:15	17:36
JV Top 3 @ OK Runner	N/A
2026 5a State Champion	N/A

Lovejoy	
Varsity Average	16:50
JV Average	18:18
Team Average	17:34
Elite Varsity Rank	12th of 29
Varsity Rank	5th of 17

Chain Winners	
Aidan Smith	V
Malachi Gaytan	JV

BISHOP MCGUINNESS BOYS CROSS COUNTRY

MOORE 5K

9/12/2026

#	PR	SB	Goal	First	Last	Finish	1 Mile	Δ	2 Mile	Δ	3 Mile	Avg
1	16:37	16:37	15:30	Henrik	Garcia	16:31	5:06	+0:16	5:22	+0:06	5:28	5:19
2	16:20	17:38	15:48	Luke	Bryan	17:21	5:20	+0:18	5:38	+0:08	5:46	5:35
3	17:18	17:18	16:30	Vincent	Desrochers	17:24	5:28	+0:13	5:41	-0:02	5:39	5:36
4	17:22	17:58	16:00	Gabriel	Ireland	17:38	5:18	+0:34	5:52	-0:01	5:51	5:41
5	17:35	17:56	16:30	Kamran	Taylor	17:56	5:34	+0:17	5:51	+0:02	5:53	5:46
6	17:45	17:45	16:28	Aiden	Smith	18:03	5:31	+0:21	5:52	+0:09	6:01	5:49
7	17:56	18:06	16:45	Ian	Morris	18:14	5:39	+0:18	5:57	+0:03	6:00	5:52
8	18:07	18:37	17:20	Aaron	Varghese	18:23	5:40	+0:19	5:59	+0:06	6:05	5:55
9	17:44	18:38	16:45	Max	de Coune	18:38	5:42	+0:27	6:09	-0:01	6:08	6:00
10	18:25	19:11	17:00	James	Worthington	18:56	5:41	+0:30	6:11	+0:12	6:23	6:06
11	18:03	18:03	16:30	Malachi	Gaytan	19:29	5:34	+0:42	6:16	+0:39	6:55	6:16
12	19:35	19:35	19:00	Theo	Higson	19:36	6:10	+0:09	6:19	+0:07	6:26	6:19
13	19:32	20:54	19:00	Robby	Allen	19:53	6:18	+0:11	6:29	-0:04	6:25	6:24
14	19:45	19:45	19:00	Ethan	Phu	20:06	6:04	+0:28	6:32	+0:15	6:47	6:28
15	20:11	20:11	20:00	Colin	Strickland	20:17	6:08	+0:31	6:39	+0:08	6:47	6:32
16	20:43	20:43	20:00	Ryan	Flinn	20:28	6:13	+0:25	6:38	+0:15	6:53	6:35
17	20:32	20:32	19:00	Isaac	Tse	20:43	6:19	+0:33	6:52	-0:04	6:48	6:40
18	20:50	20:50	20:00	Noah	Vivino	20:47	6:32	+0:18	6:50	-0:08	6:42	6:41
19	22:14	22:14	21:00	Cohen	Clark	21:02	6:37	+0:17	6:54	-0:07	6:47	6:46
20	21:39	21:39	20:00	Eric	Meiseman	21:58	6:30	+0:46	7:16	+0:09	7:25	7:04
21	18:53	19:59	18:00	Marco	Monacelli	22:37	6:09	+1:07	7:16	+1:03	8:19	7:17
22	21:31	21:31	20:00	Arquimides	Bonilla	22:41	6:35	+0:58	7:33	+0:10	7:43	7:18
23	23:29	23:38	22:00	Mateo	Tawk	23:46	7:28	+0:21	7:49	-0:09	7:40	7:39
24	20:42	20:42	18:59	Elishah	Bassett	24:04	6:32	+1:02	7:34	+1:26	9:00	7:45
25	22:35	22:35	20:00	Parker	Swain	25:06	7:37	+0:24	8:01	+0:32	8:33	8:05
26	25:24	25:24	25:00	George	Pezalski	25:23	8:05	+0:10	8:15	-0:04	8:11	8:10
27	23:57	24:00	23:00	Brayden	Simonson	25:32	8:04	+0:12	8:16	+0:03	8:19	8:13
28	25:35	26:02	23:30	Palmer	Ellis	25:59	8:00	+0:25	8:25	+0:14	8:39	8:22
29	25:22	25:22	23:00	Whit	Deason	26:06	7:39	+0:32	8:11	+1:06	9:17	8:24
30	28:06	28:06	24:00	Davis	Price	28:22	8:03	+0:37	8:40	+1:52	10:32	9:08
31	n/a	n/a	25:00	Will	Allen	28:37	8:00	+2:04	10:04	-0:32	9:32	9:13
DNR	18:30	18:39	17:30	Matthew	Jea	DNR	DNR	DNR	DNR	DNR	DNR	DNR
				Nicholas	Hickman	Manager						
				Easton	Logiodice	Manager						

BISHOP MCGUINNESS BOYS CROSS COUNTRY

MOORE 5K

9/12/2026

2026 Outcome Goals	2026
4 Under 16:00	0
5 Under 16:30	0
7 Under 17:00	1
10 Under 17:30	3
12 Under 18:00	6
17 Under 19:00	12
20 Under 20:00	16
25 Under 22:00	24
28 Under 24:00	26
31 Under 25:00	27
JV SB Avg 20:30	21:42
V SB Avg 16:15	17:30
JV Top 3 @ OK Runner	N/A
2026 5a State Champion	N/A

Moore	
Varsity Average	17:46
JV Average	22:23
Team Average	21:21
Varsity Rank	3rd
JV Rank	2nd

Chain Winners	
Luke Bryan	V
Robby Allen	JV

BISHOP MCGUINNESS BOYS CROSS COUNTRY

MUSTANG NIGHT 5K

9/5/2026

#	PR	SB	Goal	First	Last	Finish	1 Mile	Δ	2 Mile	Δ	3 Mile	Avg
1	16:58	17:21	15:30	Henrik	Garcia	16:37	5:02	22	5:24	11	5:35	5:21
2	17:20	17:55	16:30	Vincent	Desrochers	17:18	5:22	22	5:44	-8	5:36	5:34
3	16:20	18:00	15:48	Luke	Bryan	17:38	5:12	36	5:48	12	6:00	5:41
4	17:45	17:45	16:28	Aiden	Smith	17:46	5:12	34	5:46	23	6:09	5:43
5	17:35	18:36	16:30	Kamran	Taylor	17:56	5:30	22	5:52	4	5:56	5:46
6	18:06	18:30	16:30	Malachi	Gaytan	18:03	5:22	36	5:58	6	6:04	5:49
7	17:56	19:36	16:45	Ian	Morris	18:06	5:31	36	6:07	-16	5:51	5:50
8	18:07	18:59	17:20	Aaron	Varghese	18:37	5:31	38	6:09	8	6:17	6:00
9	17:44	19:15	16:45	Max	de Coune	18:38	5:31	43	6:14	-1	6:13	6:00
10	18:30	19:02	17:30	Matthew	Jea	18:39	5:31	47	6:18	-8	6:10	6:00
11	18:25	20:35	17:00	James	Worthington	19:11	5:31	53	6:24	16	6:40	6:10
12	21:52	21:52	20:00	Theo	Higson	19:35	6:05	18	6:23	3	6:26	6:18
13	20:11	20:43	19:00	Ethan	Phu	19:45	6:03	27	6:30	0	6:30	6:21
14	18:53	21:30	18:00	Marco	Monacelli	19:59	6:03	34	6:37	0	6:37	6:26
15	21:19	21:39	20:00	Colin	Strickland	20:11	6:11	27	6:38	1	6:39	6:30
16	21:40	21:40	21:00	Ryan	Flinn	20:43	6:23	22	6:45	6	6:51	6:40
17	22:31	22:31	20:00	Noah	Vivino	20:50	6:32	22	6:54	-13	6:41	6:42
18	20:32	20:32	19:00	Isaac	Tse	20:52	6:05	63	7:08	-13	6:55	6:43
19	19:32	22:39	19:00	Robby	Allen	20:54	6:30	17	6:47	6	6:53	6:44
20	N/A	N/A	N/A	Arquimides	Bonilla	21:31	6:10	61	7:11	12	7:23	6:56
21	23:48	23:48	20:00	Eric	Meiseman	21:39	6:23	48	7:11	7	7:18	6:58
22	23:12	23:12	21:00	Cohen	Clark	22:14	6:38	32	7:10	7	7:37	7:09
23	27:01	27:01	25:00	Parker	Swain	22:35	7:16	12	7:28	-22	7:06	7:16
24	23:29	24:06	22:00	Mateo	Tawk	23:38	7:18	27	7:45	0	7:45	7:36
25	23:57	24:26	23:00	Brayden	Simonson	24:00	7:29	24	7:53	-5	7:48	7:43
26	N/A	N/A	23:00	Whit	Deason	25:22	7:53	46	8:39	-40	7:59	8:10
27	28:01	28:01	25:00	George	Pezalski	25:24	7:54	44	8:38	-37	8:01	8:11
28	25:35	26:11	23:30	Palmer	Ellis	26:02	7:32	77	8:49	-4	8:45	8:23
	N/A	N/A	N/A	Will	Allen	DNR	DNR	DNR	DNR	DNR	DNR	DNR
	20:42	20:42	18:59	Elishah	Bassett	DNR	DNR	DNR	DNR	DNR	DNR	DNR
	17:22	17:58	16:00	Gabriel	Ireland	DNR	DNR	DNR	DNR	DNR	DNR	DNR
	28:06	28:06	24:00	Davis	Price	DNR	DNR	DNR	DNR	DNR	DNR	DNR
				Nicholas	Hickman	Manager						
				Easton	Logiodice	Manager						

BISHOP MCGUINNESS BOYS CROSS COUNTRY

MUSTANG NIGHT 5K

9/5/2026

2026 Outcome Goals	2026
4 Under 16:00	0
5 Under 16:30	0
7 Under 17:00	1
10 Under 17:30	2
12 Under 18:00	6
17 Under 19:00	11
20 Under 20:00	15
25 Under 22:00	23
28 Under 24:00	26
31 Under 25:00	27
JV SB Avg 20:30	21:32
V SB Avg 16:15	17:36
JV Top 3 @ OK Runner	N/A
2026 5a State Champion	N/A

Mustang	
Varsity Average	17:33
JV Average	21:18
Team Average	20:29
Varsity Rank	4th
JV Rank	2nd

Chain Winners	
Vincent Desrochers	V
Parker Swain	JV

BISHOP MCGUINNESS BOYS CROSS COUNTRY

CAMP OLOG TIME TRIAL

8/15/2026

#	PR	Last	First	5k (Proj)	1 Mile	Δ	2 Mile	Δ	3 Mile	Finish
1	16 58	Garcia	Henrik	17 21	4 56	+33	5 29	+49	6 18	17 02
2	18 42	Smith	Aiden	17 45	5 16	+06	5 22	+67	6 29	17 26
3	17 20	Desrochers	Vincent	17 55	5 16	+22	5 38	+45	6 23	17 36
4	17 22	Ireland	Gabriel	17 58	4 59	+47	5 46	+48	6 34	17 39
5	16 20	Bryan	Luke	18 00	5 03	+42	5 45	+48	6 33	17 41
6	18 06	Gaytan	Malachi	18 30	5 16	+34	5 50	+54	6 44	18 10
7	17 35	Taylor	Kamran	18 36	5 16	+35	5 51	+58	6 49	18 16
8	18 07	Varghese	Aaron	18 59	5 16	+46	6 02	+58	7 00	18 39
9	18 30	Jea	Matthew	19 02	5 16	+49	6 05	+55	7 00	18 42
10	17 44	de Coune	Max	19 15	5 29	+32	6 01	+62	7 03	18 54
11	17 56	Morris	Ian	19 36	5 16	+62	6 18	+61	7 19	19 15
12	18 25	Worthington	James	20 35	5 28	+60	6 28	+85	7 53	20 13
13	20 30	Phu	Ethan	20 43	5 46	+53	6 39	+54	7 33	20 21
14	20 42	Bassett	Elishah	20 58	5 50	+46	6 36	+70	7 46	20 35
15	20 32	Tse	Isaac	21 04	5 54	+45	6 39	+66	7 45	20 41
16	18 53	Monacelli	Marco	21 30	5 46	+53	6 39	+98	8 17	21 07
17	21 19	Strickland	Colin	21 39	6 11	+44	6 55	+52	7 47	21 16
18	22 40	Flinn	Ryan	21 40	6 11	+42	6 53	+57	7 50	21 17
19	23 56	Higson	Theo	21 52	6 17	+38	6 55	+57	7 52	21 28
20	23 41	Vivino	Noah	22 31	6 29	+34	7 03	+67	8 10	22 07
21	19 32	Allen	Robby	22 39	5 56	+77	7 13	+87	8 40	22 15
22	24 02	Clark	Cohen	23 12	6 29	+52	7 21	+70	8 31	22 47
23	26 30	Meiseman	Eric	23 48	6 29	+69	7 38	+71	8 49	23 22
24	23 29	Tawk	Mateo	24 06	6 39	+56	7 35	+84	8 59	23 40
25	23 57	Simonson	Brayden	24 26	7 01	+42	7 43	+67	8 50	24 00
26	25 35	Ellis	Palmer	26 11	7 04	+73	8 17	+95	9 52	25 43
27	N/A	Swain	Parker	27 01	8 06	+29	8 35	+48	9 23	26 32
28	N/A	Pezalski	George	28 01	8 14	+37	8 51	+65	9 56	27 31
29	N/A	Price	Davis	28 06	8 13	+39	8 52	+69	10 01	27 36
30	23 13	Hallman	Grayson	29 15	8 23	+32	8 55	+117	10 52	28 43
31	N/A	Mullins	Spencer		7 45		One Lap			12 53
	N/A	Allen	Will	DNR						
	N/A	Bonilla	Arquimides	DNR						
	21 41	Hickman	Nicholas	Manager						
	21 49	Logiodice	Easton	Manager						

Horizontal lines indicate goal thresholds

"5k Proj" adjusted for 5k distance

Green time indicates new PR

Green Δ is within +/- 10s, Red more than +/- 10s

BISHOP MCGUINNESS BOYS CROSS COUNTRY

CAMP OLOG TIME TRIAL

8/15/2026

2026 Outcome Goals	2026
4 Under 16:00	0
5 Under 16:30	0
7 Under 17:00	0
10 Under 17:30	1
12 Under 18:00	4
17 Under 19:00	9
20 Under 20:00	11
25 Under 22:00	19
28 Under 24:00	23
31 Under 25:00	25
JV SB Avg 20:30	22:49
V SB Avg 16:15	18:00
JV Top 3 @ OK Runner	N/A
2026 5a State Champion	N/A

OLOG	
Varsity Average	18 01
JV Average	22 53
Team Average	21 45

Chain Winners	
Henrik Garcia	V
Colin Strickland	JV