

BISHOP MCGUINNESS BOYS CROSS COUNTRY



EDMOND SANTA FE STATE 11/1/2025



#	SB	PR	GOAL	Last	Finish	Mile 1	Δ	Mile 2	Δ	Mile 3	Avg M
1	1548	1548	1545	Worthington, L	16 04	5 00	+26	5 26	-19	5 07	5 10
2	1620	1620	1600	Bryan, L	16 31	5 04	+37	5 41	-26	5 14	5 19
3	1658	1658	1600	Garcia, H	16 59	5 12	+38	5 50	-25	5 24	5 28
4	1722	1722	1700	Taylor, Kade	17 20	5 19	+42	6 01	-34	5 27	5 35
5	1720	1720	1700	Descochers, V	17 20	5 19	+43	6 02	-36	5 26	5 35
6	1722	1722	1710	Ireland, G	17 29	5 19	+43	6 02	-27	5 34	5 38
7	1726	1706	1630	Schultz, J	17 54	5 24	+47	6 11	-26	5 44	5 46

2025 Outcome Goals	2025 So Far	2024	2023
31 guys under 26:00	31	32 guys	28 guys
29 guys under 24:00	28	25 guys	21 guys
25 guys under 22:00	24	17 guys	18 guys
20 guys under 20:00	19	15 guys	11 guys
15 guys under 19:00	16	10 guys	7 guys
10 guys under 18:00	10	6 guys	4 guys
7 guys under 17:30	7	6 guys	3 guys
5 guys under 17:00	3	1 guy	0 guys
JV SB avg 22:00	20:45	21:21	20:54
V SB avg 17:00	16:56	17:07	17:34
Team SB ave 21:00	19:54	N/A	N/A
Top 3 @ 5a State Meet	2nd	5th	9th

Edmond Santa Fe State	
JV Average	N/A
V Average	17:05
Team Average	N/A
JV Place	N/A
V Place	2nd

Rank	School	Score
 1	Bishop Kelley	54
 2	Bishop McGuinness	112
 3	Guthrie	120
 4	Classen Adv Studies	135
 5	Collinsville	135
 6	Southeast	151
 7	Blanchard	195
 8	Pryor	198
 9	Claremore	242
 10	Tahlequah	247

BISHOP MCGUINNESS BOYS CROSS COUNTRY



MOORE REGIONALS 10/25/2025



#	SB	PR	GOAL	Last	Finish	Mile 1	Δ	Mile 2	Δ	Mile 3	Avg M
1	1548	1548	1545	Worthington, L	16 12	5 09	+25	5 34	-35	4 59	5 13
2	1620	1620	1600	Bryan, L	17 13	5 20	+17	5 37	+5	5 41	5 33
3	1658	1658	1600	Garcia, H	17 26	5 19	+24	5 43	+6	5 49	5 37
4	1722	1722	1710	Ireland, G	17 39	5 26	+21	5 47	+4	5 50	5 41
5	1720	1720	1700	Descochers, V	17 47	5 24	+35	5 59	-10	5 49	5 44
6	1722	1722	1700	Taylor, Kade	17 59	5 28	+32	6 00	-5	5 55	5 48
7	1744	1744	1730	deCoune, M	18 30	5 44	+30	6 14	-18	5 56	5 58
8	1735	1735	1730	Taylor, Kam	18 31	5 41	+28	6 09	-4	6 04	5 58
9	1756	1756	1745	Morris, I	18 34	5 44	+30	6 14	-14	6 00	5 59
10	1807	1807	1800	Varghese, A	18 41	5 48	+29	6 17	-17	6 00	6 01
11	1726	1706	1630	Schultz, J	19 10	5 48	+35	6 23	-2	6 20	6 10
12	1853	1853	1730	Monacelli, M	19 14	5 50	+40	6 30	-14	6 16	6 12
13	1830	1830	1800	Jea, M	19 51	6 03	+33	6 36	-3	6 32	6 24
14	1825	1825	1800	Worthington, J	19 54	6 01	+33	6 34	+5	6 39	6 25
15	1902	1902	1900	Gerten, W	20 02	6 06	+34	6 40	-4	6 36	6 27
16	2111	2111	2100	Phu, E	20 11	6 07	+37	6 44	-4	6 40	6 30
17	1801	1801	1745	Denton, R	DNF	5 51	+37	6 28			

BISHOP MCGUINNESS BOYS CROSS COUNTRY

MOORE REGIONALS

10/25/2025



2025 Outcome Goals	2025 So Far	2024	2023
31 guys under 26:00	31	32 guys	28 guys
29 guys under 24:00	28	25 guys	21 guys
25 guys under 22:00	24	17 guys	18 guys
20 guys under 20:00	19	15 guys	11 guys
15 guys under 19:00	16	10 guys	7 guys
10 guys under 18:00	10	6 guys	4 guys
7 guys under 17:30	7	6 guys	3 guys
5 guys under 17:00	3	1 guy	0 guys
JV SB avg 22:00	20:46	21:21	20:54
V SB avg 17:00	16:57	17:07	17:34
Team SB ave 21:00	19:54	N/A	N/A
Top 3 @ 5a State Meet	N/A	5th	9th

Moore Regionals	
JV Average	19:20
V Average	17:32
Team Average	18:33
JV Place	N/A
V Place	1st

BISHOP MCGUINNESS BOYS CROSS COUNTRY



ELDON LYON PARK 5K



10/9/2025

#	SB	PR	GOAL	Last	Finish	Mile 1	Δ	Mile 2	Δ	Mile 3	Avg M
1	1548	1548	1545	Worthington, L	16 30	5 06	+30	5 36	-20	5 16	5 19
2	1620	1620	1600	Bryan, L	16 55	5 12	+36	5 48	-25	5 22	5 27
3	1724	1724	1700	Taylor, Kade	17 22	5 19	+36	5 55	-20	5 34	5 36
4	1746	1746	1730	Taylor, Kamran	17 35	5 26	+26	5 52	-9	5 42	5 40
5	1722	1722	1710	Ireland, G	17 42	5 24	+20	5 44	+14	5 58	5 42
6	1658	1658	1600	Garcia, H	17 46	5 21	+31	5 52	+5	5 57	5 43
7	1720	1720	1700	Desrochers, V	17 50	5 25	+36	6 01	-12	5 49	5 45
8	1807	1807	1745	Morris, I	17 56	5 24	+39	6 03	-9	5 53	5 47
9	1744	1744	1730	de Coune, M	18 07	5 29	+43	6 12	-21	5 50	5 50
10	1825	1825	1800	Varghese, A	18 07	5 30	+48	6 18	-33	5 44	5 50
11	1801	1801	1745	Denton, R	18 21	5 30	+50	6 20	-25	5 55	5 55
12	1827	1827	1800	Worthington, J	18 25	5 32	+37	6 09	-2	6 07	5 56
13	1909	1858	1730	Monacelli, M	18 53	5 46	+37	6 23	-16	6 07	6 05
14	1919	1919	1900	Gerten, W	19 02	5 49	+43	6 32	-27	6 04	6 08
15	1830	1830	1800	Jea, M	19 10	5 44	+37	6 21	+5	6 26	6 10
16	2004	2004	1930	Mumiukha, E	19 31	6 03	+23	6 26	-2	6 23	6 17
17	2346	2258	2100	Allen, R	19 32	5 37	+69	6 46	-16	6 30	6 18
18	1726	1706	1630	Schultz, J	19 34	5 45	+57	6 42	-14	6 28	6 18
19	2144	2141	2100	Phu, E	21 11	6 13	+58	7 11	-6	7 04	6 50
20	2317	2317	2230	Strickland, C	21 19	6 54	+19	7 13	-40	6 32	6 52
21	2153	2153	2000	Bassett, E	21 28	6 25	+65	7 30	-38	6 51	6 55
22	2250	1947	1930	Nones, S	21 55	6 58	+5	7 03	+8	7 10	7 04
23	2412	2412	2345	Tawk, M	23 29	7 07	+54	8 01	-26	7 35	7 34
24	2149	2149	2000	Logiodice, E	23 44	6 48	+109	8 37	-63	7 33	7 39
25	2441	2441	2400	Simonson, B	23 57	7 29	+42	8 11	-39	7 31	7 43
26	2556	2556	2400	Shadid, M	24 42	7 34	+40	8 14	-9	8 05	7 58
27	2313	2313	2100	Hallman, G	25 13	6 38	+100	8 18	+63	9 20	8 08
28	2621	2621	2500	Ellis, P	25 35	7 39	+56	8 35	-5	8 30	8 15
29	2553	2553	2230	Gungoll, S	25 57	7 44	+87	9 11	-58	8 12	8 22
	1843	1824	1800	Pruden, Z							
	2251	2251	2145	Tran, J							



BISHOP MCGUINNESS BOYS CROSS COUNTRY

ELDON LYON PARK 5K



10/9/2025

2025 Outcome Goals	2025 So Far	2024	2023
31 guys under 26:00	31	32 guys	28 guys
29 guys under 24:00	28	25 guys	21 guys
25 guys under 22:00	24	17 guys	18 guys
20 guys under 20:00	19	15 guys	11 guys
15 guys under 19:00	16	10 guys	7 guys
10 guys under 18:00	10	6 guys	4 guys
7 guys under 17:30	7	6 guys	3 guys
5 guys under 17:00	3	1 guy	0 guys
JV SB avg 22:00	20:48	21:21	20:54
V SB avg 17:00	16:57	17:07	17:34
Team SB ave 21:00	19:56	N/A	N/A
Top 3 @ 5a State Meet	N/A	5th	9th

Eldon Lyon Park	
JV Average	21:08
V Average	17:22
Team Average	20:14
JV Place	1st
V Place	1st

BISHOP MCGUINNESS BOYS CROSS COUNTRY

CHILE PEPPER XC FESTIVAL



10/4/2025



#	SB	PR	GOAL	2024	Last	Finish	Mile 1	Δ	Mile 2	Δ	Mile 3	Avg M
1	1606	1606	1545	1730	Worthington, L	15 48	4 53	+18	5 11	+2	5 12	5 05
2	1629	1629	1600	1740	Bryan, L	16 20	5 05	+13	5 18	+7	5 24	5 16
3	1722	1722	1715		Garcia, H	16 58	5 13	+21	5 34	+3	5 37	5 28
4	1746	1746	1730	1849	Desrochers, V	17 21	5 28	+16	5 44	-9	5 35	5 35
5	1727	1727	1710	1810	Ireland, G	17 22	5 28	+14	5 42	-4	5 38	5 36
6	1734	1734	1700	1826	Taylor, Kade	17 24	5 26	+18	5 44	-4	5 40	5 36
7	1802	1802	1730		Taylor, Kam	17 46	5 35	+17	5 52	-7	5 44	5 43
8	1744	1744	1730	1859	deCoune, M	17 49	5 27	+21	5 48	+10	5 58	5 44
9	1822	1822	1800		Morris, I	18 07	5 33	+25	5 58	+2	6 00	5 50
10	1835	1835	1800		Varghese, A	18 25	5 54	+2	5 56	+3	5 59	5 56
11	1845	1845	1800		Jea, M	18 30	5 39	+31	6 10	-5	6 04	5 58
12	1827	1827	1800		Worthington, J	18 45	6 04	-7	5 57	+10	6 07	6 02
13	1800	1800	1730		Denton, R	18 56	5 52	-1	5 51	+43	6 33	6 06
14	1928	1858	1730	1858	Monacelli, M	19 09	6 04	+15	6 19	-10	6 09	6 10
15	1927	1927	1900		Gerten, W	19 19	6 14	+9	6 23	-18	6 05	6 13
	1726	1706	1630	1716	Schultz, J	DNR - retains varsity status						

2025 Outcome Goals	2025 So Far	2024	2023
31 guys under 26:00	30	32 guys	28 guys
29 guys under 24:00	26	25 guys	21 guys
25 guys under 22:00	21	17 guys	18 guys
20 guys under 20:00	17	15 guys	11 guys
15 guys under 19:00	15	10 guys	7 guys
10 guys under 18:00	9	6 guys	4 guys
7 guys under 17:30	7	6 guys	3 guys
5 guys under 17:00	3	1 guy	0 guys
JV Team SB ave 22:00	21:22	21:21	20:54
V Team SB ave 17:00	16:57	17:07	17:34
Team SB ave 21:00	20:23	N/A	N/A
Top 3 @ 5a State Meet	N/A	5th	9th

Chile Pepper XC Festival	
JV Average	18:44
V Average	16:59
Team Average	17:46
JV Place	14th
V Place	23rd

BISHOP MCGUINNESS BOYS CROSS COUNTRY



OSU JAMBOREE

9/26/2025



#	SB	PR	GOAL	Last	Finish	3k	4k Split	4k	Δ	5k Split	Avg K	Avg M
1	1843	1824	1800	Pruden, Z	19 55	11 07	4 19	15 26	+10	4 29	3 59	6 25
2	2004	2004	1930	Mumiukha, E	20 53	12 03	4 16	16 19	+18	4 34	4 10	6 44
3	2144	2141	2100	Phu, E	22 29	12 53	4 45	17 38	+6	4 51	4 29	7 15
4	2153	2153	2000	Bassett, E	23 14	13 26	4 57	18 23	-6	4 51	4 38	7 29
5	2313	2313	2100	Hallman, G	23 21	13 35	4 56	18 31	-6	4 50	4 40	7 31
6	2317	2317	2230	Strickland, C	23 27	14 01	4 47	18 48	-8	4 39	4 41	7 33
7	2412	2412	2345	Tawk, M	24 43	14 27	5 13	19 40	-10	5 03	4 56	7 58
8	2441	2441	2400	Simonson, B	24 59	14 38	5 12	19 50	-3	5 09	4 59	8 03
9	2149	2149	2000	Logiodice, E	25 18	14 28	5 26	19 54	-2	5 24	5 03	8 09
10	2251	2251	2145	Tran, J	25 38	14 37	5 13	19 50	+35	5 48	5 07	8 16
11	2626	2626	2500	Ellis, P	26 21	15 07	5 30	20 37	+14	5 44	5 16	8 30
12	2556	2556	2400	Shadid, M	26 38	15 12	5 29	20 41	+28	5 57	5 19	8 35
	2553	2553	2230	Gungoll, S	DNR							

2025 Outcome Goals	2025 So Far	2024	2023
31 guys under 26:00	30	32 guys	28 guys
29 guys under 24:00	26	25 guys	21 guys
25 guys under 22:00	20	17 guys	18 guys
20 guys under 20:00	17	15 guys	11 guys
15 guys under 19:00	15	10 guys	7 guys
10 guys under 18:00	8	6 guys	4 guys
7 guys under 17:30	5	6 guys	3 guys
5 guys under 17:00	2	1 guy	0 guys
JV Team SB ave 22:00	21:27	21:21	20:54
V Team SB ave 17:00	17:12	17:07	17:34
Team SB ave 21:00	20:32	N/A	N/A
Top 3 @ 5a State Meet	N/A	5th	9th

OSU Jamboree	
Team Average	23:54

BISHOP MCGUINNESS BOYS CROSS COUNTRY



TEXAS - LOVEJOY

9/13/2025



#	SB	PR	GOAL	Last	Finish	Mile 1	Δ	Mile 2	Δ	Mile 3	Avg M
1	1619	1619	1545	Worthington, L	16 06	5 03	+26	5 29	-25	5 03	5 11
2	1650	1650	1630	Bryan, L	16 29	5 05	+25	5 30	-8	5 21	5 19
3	1739	1739	1715	Garcia, H	17 22	5 21	+27	5 48	-9	5 39	5 36
4	1729	1729	1710	Ireland, G	17 27	5 16	+42	5 58	-19	5 39	5 37
5	1752	1752	1700	Taylor, Kad	17 34	5 24	+34	5 58	-20	5 38	5 40
6	1726	1706	1630	Schultz, J	17 46	5 28	+29	5 57	-11	5 46	5 43
7	1813	1813	1730	Desrochers, V	17 49	5 36	+30	6 06	-32	5 33	5 44
8	1803	1803	1730	Taylor, Kam	18 02	5 35	+30	6 05	-18	5 47	5 49
9	1744	1744	1730	deCoune, M	18 12	5 44	+27	6 11	-28	5 42	5 52
10	1822	1822	1800	Morris, I	18 33	5 35	+43	6 18	-14	6 03	5 59
11	1801	1801	1730	Denton, R	18 42	5 34	+45	6 19	-7	6 11	6 01
12	1845	1845	1800	Jea, M	18 58	5 36	+58	6 34	-23	6 10	6 07
13	1835	1835	1800	Varghese, A	19 00	5 35	+44	6 19	+8	6 27	6 07
14	1843	1824	1730	Pruden, Z	19 11	5 36	+57	6 33	-9	6 23	6 11
15	1827	1827	1800	Worthington, J	19 22	5 36	+65	6 41	-15	6 26	6 14
16	1942	1942	1900	Gerten, W	19 48	6 02	+46	6 48	-28	6 20	6 23

2025 Outcome Goals	2025 So Far	2024	2023
34 guys under 26:00	32	32 guys	28 guys
30 guys under 24:00	28	25 guys	21 guys
25 guys under 22:00	21	17 guys	18 guys
20 guys under 20:00	17	15 guys	11 guys
15 guys under 19:00	15	10 guys	7 guys
10 guys under 18:00	8	6 guys	4 guys
7 guys under 17:30	5	6 guys	3 guys
5 guys under 17:00	2	1 guy	0 guys
JV Team SB ave 22:00	21:41	21:21	20:54
V Team SB ave 17:00	17:09	17:07	17:34
Team SB ave 21:00	20:45	N/A	N/A
Top 3 @ 5a State Meet	N/A	5th	9th

Texas Lovejoy 09/13/25	
JV Average	18:57
Varsity Average	17:20
Team Average	18:09
JV Place	1st
Varsity Place	1st

BISHOP MCGUINNESS BOYS CROSS COUNTRY



MOORE - FIRST BAPTIST

9/6/2025



#	SB	PR	GOAL	2024	Last	Finish	Mile 1	Δ	Mile 2	Δ	Mile 3	Avg M
1	1651	1651	1630	1815	Worthington, L	16 19	5 06	+20	5 26	-11	5 15	5 16
2	1734	1729	1630	1748	Bryan, L	16 50	5 18	+16	5 34	-9	5 25	5 26
3	1810	1706	1630	1706	Schultz, J	17 26	5 21	+27	5 48	-5	5 43	5 37
4	1844	1810	1710	1830	Ireland, G	17 29	5 20	+31	5 51	-7	5 44	5 38
5	1851	1847	1715		Garcia, H	17 39	5 25	+27	5 52	-5	5 47	5 42
6	1837	1808	1730	1940	deCoune, M	17 44	5 26	+28	5 54	-5	5 49	5 43
7	1823	1815	1700	1858	Taylor, Kad	17 52	5 24	+30	5 54	+4	5 58	5 46
8	1901	1901	1830		Denton, R	18 01	5 26	+31	5 57	+5	6 02	5 49
9	1858	1858	1759		Taylor, Kam	18 03	5 37	+26	6 03	-15	5 48	5 49
10	1905	1905	1830	2059	Morris, I	18 22	5 36	+28	6 04	+1	6 05	5 55
11	2000	2000	1900	2058	Worthington, J	18 27	5 42	+27	6 09	-9	6 00	5 57
12	1942	1942	1800		Varghese, A	18 35	5 37	+37	6 14	-7	6 07	5 60
13	1936	1824	1800	1846	Pruden, Z	18 43	5 30	+43	6 13	+9	6 22	6 02
14	2002	2002	1900		Jea, M	18 45	5 38	+38	6 16	-2	6 14	6 03
15	2135	2135	2100	2202	Gerten, W	19 42	6 11	+25	6 36	-19	6 17	6 21
16	2003	1858	1730	1859	Monacelli, M	19 50	5 57	+40	6 37	-1	6 36	6 24
17	2138	2138	2030		Mumiukha, E	20 04	6 15	+27	6 42	-14	6 28	6 28
18	2831	2002	2000	2253	Conley, M	21 22	6 55	+4	6 59	-12	6 47	6 54
19	2305	2141	2100	2141	Phu, E	21 44	6 17	+68	7 25	-7	7 18	7 01
20	2236	2006	2000	2244	Logiodice, E	21 49	6 40	+34	7 14	-2	7 12	7 02
21	2252	2252	2000		Bassett, E	21 53	6 30	+54	7 24	-9	7 15	7 04
22	2413	1947	1930	2044	Nones, S	22 50	6 54	+44	7 38	-5	7 33	7 22
23	2532	2437	2330	2437	Tran, J	22 51	7 02	+38	7 40	-15	7 25	7 22
24	2404	2416	2100	2501	Hallman, G	23 13	6 42	+84	8 06	-27	7 39	7 29
25	2423	2342	2230	2357	Strickland, C	23 17	7 12	+35	7 47	-14	7 33	7 31
26	2610	2509	2430	2600	Tawk, M	24 17	7 17	+50	8 07	-2	8 05	7 50
27	2550	2550	2400		Simonson, B	24 41	7 46	+28	8 14	-20	7 54	7 58
28	2626	2400			Shadid, M	25 46	7 47	+47	8 34	-0	8 34	8 19
29	2619	2619	2230		Gungoll, S	25 53	7 45	+54	8 39	-2	8 37	8 21
30	2855	2855	2500		Ellis, P	26 26	7 52	+56	8 48	+5	8 53	8 32
	1813	1813	1730		Desrochers, V	*Maintains Varsity Status						
	2346	2258	2100	2258	Allen, R							
	2630	2340	2100	2713	Busby, D							
	2302	1949	1915	2056	Ruiz, J							

BISHOP MCGUINNESS BOYS CROSS COUNTRY



MOORE - FIRST BAPTIST



9/6/2025

2025 Outcome Goals	2025 So Far	2024	2023
34 guys under 26:00	32	32 guys	28 guys
30 guys under 24:00	28	25 guys	21 guys
25 guys under 22:00	21	17 guys	18 guys
20 guys under 20:00	17	15 guys	11 guys
15 guys under 19:00	15	10 guys	7 guys
10 guys under 18:00	7	6 guys	4 guys
7 guys under 17:30	4	6 guys	3 guys
5 guys under 17:00	2	1 guy	0 guys
JV Team SB ave 22:00	21:42	21:21	20:54
V Team SB ave 17:00	17:19	17:07	17:34
Team SB ave 21:00	20:48	N/A	N/A
Top 3 @ 5a State Meet	N/A	5th	9th

Moore First Baptist 09/06/2025	
JV Average	21:30
Varsity Average	17:19
Team Average	20:31
JV Place	N/A
Varsity Place	N/A

BISHOP MCGUINNESS BOYS CROSS COUNTRY



MUSTANG NIGHT 5K

8/30/2025



#	SB	PR	GOAL	Mustang 2024	Last	Finish	Mile 1	Δ	Mile 2	Δ	Mile 3	
1	1744	1724	1630	20:53	Worthington, L	16 51	5 14	+27	5 41	-17	5 24	5 26
2	1841	1729	1630	18:15	Bryan, L	17 34	5 32	+14	5 46	-4	5 42	5 40
3	1845	1706	1630	17:30	Schultz, J	18 10	5 30	+35	6 05	-6	5 59	5 52
4	1844	1829	1730		Desrochers, V	18 13	5 33	+41	6 14	-23	5 51	5 53
5	1842	1815	1700	18:15	Taylor, Kad	18 23	5 35	+32	6 07	-2	6 05	5 56
6	1949	1808	1730	19:47	deCoune, M	18 37	5 34	+51	6 25	-23	6 02	6 00
7	1946	1847	1715		Garcia, H	18 51	5 32	+44	6 16	+9	6 25	6 05
8	1955		1759		Taylor, Kam	18 58	5 47	+44	6 31	-27	6 04	6 07
9	1949	2635	1830		Denton, R	19 01	5 38	+42	6 20	+5	6 25	6 08
10	1952	2003	1830	22:32	Morris, I	19 05	5 42	+51	6 33	-20	6 13	6 09
11	2053	2240	1800		Varghese, A	19 42	5 55	+27	6 22	+23	6 45	6 21
12	2053	2043	1900	19:41	Worthington, J	20 00	6 01	+42	6 43	-7	6 36	6 27
13	2053		1900		Jea, M	20 02	5 47	+60	6 47	+0	6 47	6 28
14	2244	1858	1730	19:20	Monacelli, M	20 03	5 53	+58	6 51	-12	6 39	6 28
15	1936	1824	1800		Pruden, Z	20 24	5 41	+73	6 54	+12	7 06	6 35
16	2158	2202	2100	22:29	Gerten, W	21 35	6 58	+20	7 18	-39	6 39	6 58
17	2305		2030		Mumiukha, E	21 38	6 56	+8	7 04	-8	6 56	6 59
18	2956	2006	2000	22:30	Logiodice, E	22 36	6 58	+29	7 27	-1	7 26	7 17
19	2351		2000		Bassett, E	22 52	6 57	+44	7 41	-12	7 29	7 23
20	2938	2141	2100	23:02	Phu, E	23 05	6 58	+29	7 27	+26	7 53	7 27
21	2645	2342	2230	24:24	Strickland, C	24 23	7 26	+51	8 17	-24	7 53	7 52
22	2644	2812	2400		Simonson, B	25 50	7 41	+62	8 43	-8	8 35	8 20
23	2532	2437	2330	24:46	Tran, J	25 55	7 30	+90	9 00	-26	8 34	8 22
24	2959	2509	2430	26:32	Tawk, M	26 10	7 55	+52	8 47	-11	8 36	8 26
25	2404	2416	2100		Hallman, G	26 13	7 20	+94	8 54	+11	9 05	8 27
26	2948		2230		Gungoll, S	26 19	7 41	+86	9 07	-28	8 39	8 29
27	2840	2400			Shadid, M	26 26	8 05	+52	8 57	-24	8 33	8 32
28	2925		2500		Ellis, P	28 55	8 33	+86	9 59	-33	9 26	9 20
	2346	2258	2100		Allen, R							
	2630	2340	2100	25:56	Busby, D							
	2831	2002	2000		Conley, M							
	1844	1810	1710	18:54	Ireland, G							
	2413	1947	1930	20:17	Nones, S							
	2302	1949	1915	21:49	Ruiz, J							

BISHOP MCGUINNESS BOYS CROSS COUNTRY



MUSTANG NIGHT 5K



8/30/2025

2025 Outcome Goals	Mustang '25	2024	2023
34 guys under 26:00	28	32 guys	28 guys
30 guys under 24:00	23	25 guys	21 guys
25 guys under 22:00	18	17 guys	18 guys
20 guys under 20:00	13	15 guys	11 guys
15 guys under 19:00	9	10 guys	7 guys
10 guys under 18:00	2	6 guys	4 guys
7 guys under 17:30	1	6 guys	3 guys
5 guys under 17:00	1	1 guy	0 guys
JV Team SB ave 22:00	22:11	21:21	20:54
V Team SB ave 17:00	18:05	17:07	17:34
Team SB ave 21:00	21:20	N/A	N/A
Top 3 @ 5a State Meet	N/A	5th	9th

Mustang Night Race 08/30/2025	
JV Average	22:44
Varsity Average	18:18
Team Average	21:38
JV Place	2nd
Varsity Place	3rd

BISHOP MCGUINNESS BOYS CROSS COUNTRY

ROCK CREEK TIME TRIAL (2.08 MILES)

8/16/2025



#	Last	Finish	Lap 1	Δ	Lap 2	Δ	Lap 3	Δ	Lap 4	Avg M	Proj 5k
1	Worthington, L	11 54	2 58	-5	2 53	+6	2 59	+5	3 04	5 43	17 44
2	Bryan, L	12 32	3 07	-7	3 00	+3	3 03	+19	3 22	6 02	18 41
3	Taylor, Kad	12 33	3 07	-7	3 00	+3	3 03	+20	3 23	6 02	18 42
4	Desrochers, V	12 34	3 09	-11	2 58	+11	3 09	+9	3 18	6 03	18 44
5	Ireland, G	12 34	3 07	-7	3 00	+6	3 06	+15	3 21	6 03	18 44
6	Schultz, J	12 35	3 07	-7	3 00	+3	3 03	+22	3 25	6 03	18 45
7	Pruden, Z	13 09					3 09	+30	3 39	6 19	19 36
8	deCoune, M	13 14	3 18	-8	3 10	+10	3 20	+6	3 26	6 22	19 43
9	Garcia, H	13 16	3 14	+0	3 14					6 23	19 46
10	Denton, R	13 18	3 18	-8	3 10	+10	3 20	+10	3 30	6 24	19 49
11	Morris, I	13 20	3 14	+6	3 20	-6	3 14	+18	3 32	6 25	19 52
12	Taylor, Kam	13 22	3 11	-1	3 10	+15	3 25	+11	3 36	6 26	19 55
13	Jea, M	14 01	3 14	+6	3 20	+17	3 37	+13	3 50	6 44	20 53
13	Varghese, A	14 01	3 14	+0	3 14	+22	3 36	+21	3 57	6 44	20 53
13	Worthington, J	14 01	3 20	-2	3 18	+15	3 33	+17	3 50	6 44	20 53
16	Gerten, W	14 44	3 37	-1	3 36	+1	3 37	+17	3 54	7 05	21 58
17	Monacelli, M	15 15	3 25	+15	3 40	+11	3 51	+28	4 19	7 20	22 44
18	Ruiz, J	15 27	3 50	-3	3 47	+1	3 48	+14	4 02	7 26	23 02
19	Mumiukha, E	15 29	3 37	+14	3 51	-2	3 49	+23	4 12	7 27	23 05
20	Allen, R	15 57	4 25	-45	3 40	+10	3 50	+12	4 02	7 40	23 46
21	Bassett, E	16 00	3 43	+5	3 48	+17	4 05	+19	4 24	7 42	23 51
22	Hallman, G	16 09	3 37	+17	3 54	+17	4 11	+16	4 27	7 46	24 04
23	Nones, S	16 15	4 00	-12	3 48	+14	4 02	+23	4 25	7 49	24 13
24	Tran, J	17 08	3 53	+14	4 07	+26	4 33	+2	4 35	8 14	25 32
25	Busby, D	17 47	4 30	-10	4 20	+4	4 24	+9	4 33	8 33	26 30
26	Simonson, B	17 56	4 22	-3	4 19	+12	4 31	+13	4 44	8 37	26 44
27	Strickland, C	17 57	4 22	-3	4 19	+12	4 31	+14	4 45	8 38	26 45
28	Conley, M	19 08	4 22	+13	4 35	+18	4 53	+25	5 18	9 12	28 31
29	Shadid, M	19 14	4 34						5 02	9 15	28 40
30	Ellis, P	19 44	4 29	+28	4 57	-10	4 47	+44	5 31	9 29	29 25
31	Phu, E	19 53	3 37	-1	3 36	+28	4 04			9 34	29 38
32	Gungoll, S	20 00	4 40	+24	5 04	-16	4 48	+40	5 28	9 37	29 48