



# HILLS / TRACK - 09/06/23

HILLS		Avg	Avg	Avg	Avg	Avg	1	Δ	2	Δ	3	Δ	4	Δ	5	Δ	6	Δ	7	Δ	8	Δ	9	Δ	10
1	Healy	75.7		76.5	73.6	<b>76.1</b>	76	0	76	1	77	-1	76	0	76	0	76	4	80	-3	77	-1	76	-5	71
2	Sherman	82.0	82.6	91.3	81.4	<b>76.4</b>	76	1	77	0	77	-1	76	3	79	-4	75	5	80	-3	77	-1	76	-5	71
3	Amaya		99.7	86.1	87.6	<b>78.6</b>	91	-9	82	-11	71	6	77	-2	75	2	77	3	80	-4	76				
4	Buckelew		80.9	79.6	78.2	<b>78.7</b>	77	4	81	-2	79	-3	76	6	82	-5	77	2	79	3	82	3	85	-16	69
4	Lau	82.3	79.5	76.0	78.8	<b>78.7</b>	76	0	76	0	76	-1	75	5	80	5	85	9	94	-23	71	8	79	-4	75
4	Mackenzie	80.8	78.8	75.7	78.3	<b>78.7</b>	76	0	76	0	76	-1	75	5	80	5	85	9	94	-23	71	8	79	-4	75
7	Webb		87.1	81.6	79.1	<b>79.9</b>	83	-4	79	-2	77	4	81	4	85	-7	78	0	78	0	78				
8	Monacelli		92.8	83.3		<b>80.4</b>	83	-1	82	-1	81	6	87	-8	79	1	80	-1	79	-7	72				
9	Phu		103	92.7	81.7	<b>82.5</b>	79	3	82	-1	81	-1	80	7	87	-1	86	1	87	-9	78				
10	Mondalek	89.5		89.6		<b>82.9</b>	82	2	84	-2	82	1	83	1	84	0	84	-1	83	-2	81				
11	Earley	90.0		88.6	82.1	<b>83.9</b>	77	-3	74	9	83	4	87	-2	85	7	92	-6	86	-2	84	2	86	-1	85
12	Schomas	86.3	91.3		86.3	<b>85.5</b>	91	-1	90	-1	89	-4	85	0	85	-1	84	-3	81	-2	79				
13	deKeratry, J		92.3	89.0	84.0	<b>85.6</b>	83	-1	82	5	87	0	87	-5	82	2	84	4	88	-6	82	11	93	-5	88
14	Stone		90.0	91.3	87.5	<b>85.6</b>	91	-1	90	-1	89	-4	85	0	85	-1	84	-3	81	-1	80				
15	Conley	75.2	78.3	82.9	73.6	<b>88.2</b>	78	2	80	4	84	0	84	4	88	3	91	5	96	-2	94	0	94	-1	93
16	Lipps, N	103	108	101	98.0	<b>94.0</b>	94	4	98	0	98	-2	96	1	97	-3	94	-3	91	-7	84				
17	Allen	94.8	93.1	87.7	87.6	<b>95.1</b>	91	4	95	-2	93	2	95	-3	92	3	95	4	99	2	101				
18	Tawk		121	125	110	<b>102</b>	98	2	100	-2	98	1	99	3	102	2	104	2	106	2	108				
	Busby	97.3	102	86.1	86.9																				
	deCoune	81.5	82.6	90.8	78.6																				
	Kunzman	83.7		82.8	76.8																				
	Nones		74.2	74.7	72.8																				
	Ruiz	103	98.1	87.7	85.5																				

TRACK		Avg	400	1M	400	400	400	400	1M	1M	400	400	400	400	
1	Hoch		73.3	5:37	76	76	76	76	5:40	5:35	76	76	68	65	
1	Gumerson		73.3	5:37	76	76	76	76	5:40	5:35	76	76	68	65	
3	Schultz		77.6	5:46	80	80	80	79	5:50	5:43	76	80	78	68	
4	deKeratry, A		78.1	5:43	81	80	81	81	5:49	5:37	76	81	79	66	
5	Taylor		78.5	5:59	80	81	82	79	6:00	5:58	80	79	78	69	
6	Black		78.8	5:55	81	79	81	81	5:54	5:57	79	81	79	69	
7	Pruden		79.4	5:59	80	81	82	80	6:00	5:59	80	80	79	73	
8	Bryan		80.0	6:00	80	80	80	80	6:00	6:00	80	80	80	80	
9	Lipps		82.5	6:30	80	82	81	81	6:30	<u>4:50</u>	83	85	84	84	<u>1200m</u>