

BISHOP MCGUINNESS BOYS CROSS COUNTRY

ROCK CREEK TIME TRIAL (2.08 MILES)

8/16/2025



#	Last	Finish	Lap 1	Δ	Lap 2	Δ	Lap 3	Δ	Lap 4	Avg M	Proj 5k
1	Worthington, L	11 54	2 58	-5	2 53	+6	2 59	+5	3 04	5 43	17 44
2	Bryan, L	12 32	3 07	-7	3 00	+3	3 03	+19	3 22	6 02	18 41
3	Taylor, Kad	12 33	3 07	-7	3 00	+3	3 03	+20	3 23	6 02	18 42
4	Desrochers, V	12 34	3 09	-11	2 58	+11	3 09	+9	3 18	6 03	18 44
5	Ireland, G	12 34	3 07	-7	3 00	+6	3 06	+15	3 21	6 03	18 44
6	Schultz, J	12 35	3 07	-7	3 00	+3	3 03	+22	3 25	6 03	18 45
7	Pruden, Z	13 09					3 09	+30	3 39	6 19	19 36
8	deCoune, M	13 14	3 18	-8	3 10	+10	3 20	+6	3 26	6 22	19 43
9	Garcia, H	13 16	3 14	+0	3 14					6 23	19 46
10	Denton, R	13 18	3 18	-8	3 10	+10	3 20	+10	3 30	6 24	19 49
11	Morris, I	13 20	3 14	+6	3 20	-6	3 14	+18	3 32	6 25	19 52
12	Taylor, Kam	13 22	3 11	-1	3 10	+15	3 25	+11	3 36	6 26	19 55
13	Jea, M	14 01	3 14	+6	3 20	+17	3 37	+13	3 50	6 44	20 53
13	Varghese, A	14 01	3 14	+0	3 14	+22	3 36	+21	3 57	6 44	20 53
13	Worthington, J	14 01	3 20	-2	3 18	+15	3 33	+17	3 50	6 44	20 53
16	Gerten, W	14 44	3 37	-1	3 36	+1	3 37	+17	3 54	7 05	21 58
17	Monacelli, M	15 15	3 25	+15	3 40	+11	3 51	+28	4 19	7 20	22 44
18	Ruiz, J	15 27	3 50	-3	3 47	+1	3 48	+14	4 02	7 26	23 02
19	Mumiukha, E	15 29	3 37	+14	3 51	-2	3 49	+23	4 12	7 27	23 05
20	Allen, R	15 57	4 25	-45	3 40	+10	3 50	+12	4 02	7 40	23 46
21	Bassett, E	16 00	3 43	+5	3 48	+17	4 05	+19	4 24	7 42	23 51
22	Hallman, G	16 09	3 37	+17	3 54	+17	4 11	+16	4 27	7 46	24 04
23	Nones, S	16 15	4 00	-12	3 48	+14	4 02	+23	4 25	7 49	24 13
24	Tran, J	17 08	3 53	+14	4 07	+26	4 33	+2	4 35	8 14	25 32
25	Busby, D	17 47	4 30	-10	4 20	+4	4 24	+9	4 33	8 33	26 30
26	Simonson, B	17 56	4 22	-3	4 19	+12	4 31	+13	4 44	8 37	26 44
27	Strickland, C	17 57	4 22	-3	4 19	+12	4 31	+14	4 45	8 38	26 45
28	Conley, M	19 08	4 22	+13	4 35	+18	4 53	+25	5 18	9 12	28 31
29	Shadid, M	19 14	4 34						5 02	9 15	28 40
30	Ellis, P	19 44	4 29	+28	4 57	-10	4 47	+44	5 31	9 29	29 25
31	Phu, E	19 53	3 37	-1	3 36	+28	4 04			9 34	29 38
32	Gungoll, S	20 00	4 40	+24	5 04	-16	4 48	+40	5 28	9 37	29 48